# 7 QUESTIONS ONE FOR EACH DAY OF THE WEEK

That address these three attributes: pure heart, good conscience, sincere faith.

# PURE HEART - (with all your heart)

## DAY 1: Do you have impure thoughts (usually of sexual nature) towards someone else?

2 Timothy 2:22 - Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.

## DAY 2: Do you criticize, whine, get upset?

Philippians 2:14-15 - Do everything without grumbling or arguing, so that you may become blameless and pure, "children of God without fault in a warped and crooked generation."

# **GOOD CONSCIENCE – (with all your mind)**

## DAY 3: Do you respect and honour your parents and your family?

Ephesians 6:1-4 - Children, obey your parents in the Lord, for this is right. "Honor your father and mother"—which is the first commandment with a promise— "so that it may go well with you and that you may enjoy long life on the earth." Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

#### DAY 4: Does bitterness and resentment hold you back from forgiving someone?

Matthew 6:14-15 - For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.

#### DAY 5: Have you treated someone incorrectly?

Matthew 5:23-24 - Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.

# **SINCERE FAITH** – (with all your **soul**)

#### DAY 6: Do you lie, steal or cheat?

Colossians 3:9 - Do not lie to each other, since you have taken off your old self with its practices

#### DAY 7: Is Jesus a priority in all aspects of your life?

Matthew 6:33 - But seek first his kingdom and his righteousness, and all these things will be given to you as well.